



VIDEO TRANSCRIPT: Lisa Invested in Herself and Thrived

[music]

00:05 Lisa Greenlund: My day starts at 5 AM. I literally bounce out of bed, put on my running clothes, and I try to get a 5 to 6K run in. Keeps me in shape and helps me prepare for my day mentally. My job here at the hospital requires me to be on my game and be on the ball from the moment I walk in the door. I interact with physician leaders, I interact with administration, vice presidents, department directors. I am from East Greenwich, Rhode Island. I was born in Providence, not too far from this hospital, actually. I did have an opportunity when I graduated from high school, I did win a scholarship from Johnson & Wales. But unfortunately, due to my family's financial situation, I was not able to take advantage of that scholarship. So, I had to put school on the backburner for a little bit while I helped my family get through some difficult times.

01:01 LG: I started at Capella in 2007. I moved quickly along in obtaining my degree. I was able to enroll in a public speaking course at Capella and it was a great experience. We gave public speeches through Skype, which was a brand new experience for me and it really helped me get that confidence to be a great public speaker. It's a challenge that takes you out of your comfort zone and by doing so, prepares you for the career that lies ahead.

01:34 LG: So today, I am the manager of Patient Safety Reporting for Rhode Island Hospital and Hasbro Children's Hospital. If I did not have a degree from Capella, I would not be in the job that I'm in today. To be honest, I don't think they would've even looked at my resume, had I not had that bachelor's degree from Capella. I am very fortunate that I made the decision to attend Capella and invest in myself, a good decision that paid off for me, professionally and personally. What I have learned is that I can do anything I put my mind to. Next on my agenda is to obtain my master's degree.

02:13 LG: My name is Lisa Greenlund, and I have a Bachelor's Degree in Business Administration from Capella University. Congratulations Capella, on 20 years of helping people like me.