

The Capella Coursework Alignment is a resource to assist in understanding a states educational requirements for licensure, certification, or endorsement. The alignment will provide an individual states unique coursework requirements in comparison to Capella's program.

Where to Start

We recommend that you begin by locating a copy of your states application and/or coursework sheet from your state board's website and then use this document to assist you in matching Capella's coursework with your states educational requirements.

How to Read the Alignment

State required content areas: Outlines the state board's required content areas that need to be met for licensure

State coursework requirement: The number of courses or credits required to meet the state content area

Capella course number: The course number of the Capella course that we feel meets the state content definition and content area

Capella course title: The course name of the Capella course that we feel meets the state content definition and content area

Capella quarter credit: The number of credits for the Capella course that we feel meets the state content definition and content area

Notes: Additional information about a particular course or requirement.

Important

The information provided in this document is for guidance only and is not intended to be authoritative. State licensing boards determine whether coursework is sufficient to meet state specific educational requirements as part of the application process. No state board has "approved" of the coursework alignment suggested in this document as meeting any state's educational requirements. Capella University cannot guarantee licensure, certification, or endorsement.

If you need further assistance, please contact Enrollment Services if you are considering enrolling in a Capella program or Academic Advising if you are a current Capella Learner.

Arkansas

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Marriage and Family Studies	12 qtr and 3 courses	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
b. Marriage and Family Therapy	12 qtr and 3 courses	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5273	Couple and Marital Therapy	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
c. Human Development	12 qtr and 3 courses	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
d. Assessment	4 qtr in 1 course	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
e. Professional Ethics	4 qtr in 1 course	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
f. Research	4 qtr in 1 course	MFT5876	Research Methods in Marriage and Family Therapy	4	
g. Abnormal Psychology/DMS and ICD Use/Psychopathology	4 qtr in 1 course	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
h. Psychopharmacology	4 qtr in 1 course	COUN5268	Psychopharmacology and Medication Management	4	Required course to add to meet content area requirement
i. Practicum/Internships	Minimum of 1 year and 3 courses that include 500 direct contact hours	COUN6202	Marriage and Family Counseling/Therapy Clinical Practicum	4	Required course to add to meet content area requirement
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
J. Teletherapy	1.5 quarter credits	MFT5600.17	Technology Assisted Counseling and Telehealth in Marriage and Family	1	Required course to add to meet content area
		MFT5600.18	Clinical Best Practices When Utilizing Technology Assisted Counseling and Telehealth	1	Required course to add to meet content area requirement
Additional Credits	10 quarter credits	N/A	N/A	10	Choose any 10 quarter credits in MFT, COUN, or PSY to meet the 90 quarter credit requirement.
TOTAL CREDITS				90	

Additional State Requirements

Applicants for Arkansas licensure must earn a "B" or better in each course.

California

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
1. Overall Degree Units	90 quarter credits	N/A	N/A	12	-The completed degree program must at minimum have 72 quarter credits within degree or cannot qualify -Applicant must complete 90 quarter credits total -Must remediate prior to approval of Licensing application -Choose any 18 quarter credits in COUN or PSY to meet the California 90 quarter credits credit requirement
2. California Law and Ethics	12 clock hours	N/A	N/A	N/A	-Coursework can be completed after graduation -Learners can go to the California BBS website for CEU providers offering this content area
3. Supervised Practicum	9 quarter credits	COUN6202	Marriage and Family Therapy Practicum	4	-Learners must have a minimum of 9 quarter credits of Supervised Practicum -Learners must complete at least one hour of direct supervisor contact for every five hours of direct client contact -Learners should substitute COUN6202 for MFT6231 to meet the CA credit requirement
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
4. Marriage, Family and Child Counseling/Marital and Family Systems Approaches to Treatment	18 quarter credits within degree	MFT5008	Foundations of Couple and Family Therapy	4	280 clock hours
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5273	Couple and Marital Therapy	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
5. ADDITIONAL COURSEWORK The California Board of Behavioral Sciences (BBS) considers all Capella graduates to be Out-of-State Applicants. The following coursework can be taken as part of degree program or after graduating while registered with the BBS as an Associate Marriage and Family Therapist (AMFT). All requirements must be met before qualifying for full Marriage and Family Therapist (LMFT) license. The BBS has not reviewed nor approved these courses. Additional continuing education and/or coursework may be required. 1 Quarter Credit = 10 clock hours 1 Capella Unit = 4 clock hours					
a) Suicide Risk Assessment and Intervention	6 clock hours	MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	N/A	3 clock hours
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	N/A	3 clock hours
b) Mental Health Recovery Oriented Care and Methods of Service Delivery	45 clock hours	MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	N/A	-This course fulfills 40 clock hours -Learners will need to complete an additional 5 clock hours to meet state requirements -Coursework can be completed after graduation -Learners can go to the California BBS website for CEU providers offering this content area

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
c) California Cultures, and the Social and Psychological Implications of Socioeconomic Position	15 clock hours	N/A	N/A	N/A	Coursework can be completed after graduation Learners can go to the California BBS website for CEU providers offering this content area
d) Diagnosis, Assessment, Prognosis, and Treatment of Mental Disorders	30 clock hours total	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	40 hours
e) Psychological Testing	15 clock hours	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	40 hours
f) Psychopharmacology	15 clock hours	COUN5268	Psychopharmacology and Medication Management	4	50 hours
g) Developmental Issues from Infancy to Old Age	15 clock hours	MFT5271	Working with Families Across the Life Span	4	20 hours
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	12 hours
h) Child Abuse Assessment and Reporting in California	7 clock hours	N/A	N/A	N/A	-Coursework can be completed after graduation -Learners can go to the California BBS website for CEU providers offering this content area
i) Aging, Long Term Care and Elder/Dependent Adult Abuse, End-of-Life, and Grief	10 clock hours	N/A	N/A	N/A	-Coursework can be completed after graduation -Learners can go to the California BBS website for CEU providers offering this content area
j) Spousal/Partner Abuse Assessment, detection, and intervention	15 clock hours	N/A	N/A	N/A	-Coursework can be completed after graduation -Learners can go to the California BBS website for CEU providers offering this content area
k) Multicultural Development and Cross-Cultural Interaction	15 clock hours	MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	16 hours
l) Human Sexuality	10 clock hours	MFT5232	Systemic Approaches to Gender and Sexuality	4	40 hours
m) Substance Use Disorders	15 clock hours	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	20 hours
n) Co-Occurring Disorders and Addiction	15 clock hours	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	N/A	20 hours
o) Miscellaneous Content	No specific number of clock hours required, but content must be adequately covered within applicant's coursework	MFT5232	Systemic Approaches to Sexual and Gender Issues	N/A	4 hours
		MFT5271	Working with Families Across the Life Span	N/A	40 hours
Unassigned	N/A	MFT5222	Professional Ethics in Marriage and Family Therapy	4	CU courses required to graduate, not required by state for licensure.
		MFT5876	Research Methods in Marriage and Family Therapy	4	
TOTAL CREDITS				90	

District of Columbia

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Family Systems Theories and Their Application in Working With a Wide Variety of Family Structures	3 sem hours 4.5 quarter hours	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5600.13	Special Topics - Critical Issues in Marriage and Family Therapy	1	Required course to add to meet content area requirement
b. Marriage and Family Studies	6 sem hours 9 quarter hours	MFT5270	Family Therapy Theory and Methods	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
c. Marriage and Family Therapy	9 sem hours 13.5 quarter hours	MFT5273	Couple and Marital Therapy	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
d. Human Development	9 sem hours 13.5 quarter hours	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
e. Psychological and Mental Health Competency	6 sem hours 9 quarter hours	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
		MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		MFT5600.10	Personality and Diagnostic Psychopathology: An MFT Perspective	1	Required course to add to meet content area requirement
f. Professional Ethics and Identity	3 sem hours 4.5 quarter hours	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
		MFT5604	Family Law and Ethics	1	Required course to add to meet content area requirement
g. Research	3 sem hours 4.5 quarter hours	MFT5876	Research Methods in Marriage and Family Therapy	4	
		MFT5600.02	Special Topics - Clinical Research and Program Evaluation	1	Required course to add to meet content area requirement
h. Practicum and Internship		MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	14 quarter credits	N/A	N/A	14	Choose any 14 quarter credits in COUN or PSY to meet the 90-quarter credits required for licensure
TOTAL CREDITS				90	

Iowa

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Updated 04/2022

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
Iowa accepts a Master's Degree from a COAMFTE accredited program in MFT; AND requires 80 quarter credits	72 quarter credits			72	
Additional Credits	8 quarter credits			8	Choose any 8 quarter credits in MFT, COUN or PSY to meet the 80 quarter credit licensure requirement.
			TOTAL CREDITS	80	

Indiana

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Theoretical Foundations of Marriage and Family Therapy	At least 1 course	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5271	Working with Families Across the Life Span	*	Also used in content areas D and E
		MFT5820	Marriage and Family Therapy Theory and Practice	4	Also used in content areas B and E
b. Major Models of Family Therapy	At least 1 course	MFT5270	Family Therapy Theory and Methods	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	*	Also used in content areas A and E
c. Individual Development	At least 1 course	MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	Also used in content area F
d. Family Development and Family Relationships	At least 1 course	MFT5271	Working with Families Across the Life Span	4	Also used in content areas A and E
e. Clinical Problems	At least 1 course	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5271	Working with Families Across the Life Span	*	Also used in content areas A and D
		MFT5273	Couple and Marital Therapy	*	Also used in content area G
		MFT5820	Marriage and Family Therapy Theory and Practice	*	Also used in content areas A and B
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
f. Collaboration with Other Disciplines	At least 1 course	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	*	Also used in content area C
g. Sexuality	At least 1 course	MFT5232	Systemic Approaches to Gender and Sexuality	*	Also used in content area H
		MFT5273	Couple and Marital Therapy	4	Also used in content area E
h. Gender and Sexual Orientation	At least 1 course	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	Also used in content area G
i. Issues of Ethnicity, Race, Socioeconomic Status and Culture	At least 1 course	MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
j. Therapy Techniques	At least 1 course	MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
k. Behavioral Research That Focuses on the Interpretation and Applications of Research Data	At least 1 course	MFT5876	Research Methods in Marriage and Family Therapy	4	
l. Legal Ethical and Professional Standards and Issues in the Practice of Marriage and Family Therapy	1 course 3 qtr credits	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
m. Appraisal and Assessment for Individual and Interpersonal Disorder or Dysfunction	1 course 3 qtr credits	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
n. A Specified Clinical Practicum, Internship or Field Experience in Marriage and Family Therapy	500 hours of marriage and family therapy services, including at least 400 face to face client contact hours, of which at least 200 hours must be relational. 100 Hours of Supervision.	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	Indiana Board does not accept group supervision provided remotely by Capella faculty. Learners will need to add additional on-site supervision hours to meet the 100 hour requirement.
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
TOTAL CREDITS				72	

Louisiana

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Updated 04/2022

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
Louisiana accepts a Master's Degree from a COAMFTE accredited program in MFT; AND requires 90 quarter credits	72 quarter credits			64	
Practicum and Internship	*Part of 72 credits. LA requires additional hours see notes	MFT6231	Marriage and Family Therapy Internship 1	2	b. a minimum of 500 supervised direct client contact hours, with a minimum of 250 hours of these 500 hours with couples and/or families; c. a minimum of 100 hours of face-to-face supervision. The training of the supervisor must be substantially equivalent to that of an AAMFT approved supervisor as determined by the advisory committee.
		MFT6232	Marriage and Family Therapy Internship 2	2	
		MFT6233	Marriage and Family Therapy Internship 3	2	
		MFT6234	Marriage and Family Therapy Internship 4	2	
Additional Credits	18 quarter credits			18	Choose any 18 quarter credits in MFT, COUN, PSY to meet the 90 quarter credit licensure requirement.
TOTAL CREDITS				90	

Maryland

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Analysis of Family Systems, Normal and Abnormal Personality Development	5 qtr credits	MFT5600.10	Personality and Diagnostic Psychopathology: An MFT Perspective	1	Required course to add to meet content area requirement
		MFT5271	Working with Families Across the Life Span	4	
b. Analysis of Family Systems, Psychopathology	5 qtr credits	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
c. Couples Therapy: Theory and Techniques, Survey in Couples Therapy	5 qtr credits	MFT5273	Couple and Marital Therapy	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
d. Ethical, Legal, and Professional Issues in Marriage and Family Therapy	5 qtr credits	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
		MFT5604	Family Law and Ethics	1	
e. Family Therapy: Theory and Techniques, Diagnosis and Treatment of Mental and Emotional Disorders in Family Systems	5 qtr credits	MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT5600.07	Special Topics - Treatment of Mental & Emotional Disorders in Family Systems	1	
f. Family Therapy: Theory and Techniques, Marriage and Family Therapy Models	10 qtr credits	MFT5270	Family Therapy Theory and Methods	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
g. Family Therapy: Theory and Techniques, Models of Family Therapy	5 qtr credits	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
h. Gender and Ethnicity in Marriage and Family Therapy	5 qtr credits	MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
		MFT5600.09	Special Topics - Gender and Ethnicity in Marriage and Family Therapy	1	
i. Sexual Issues in Marriage and Family Therapy	5 qtr credits	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5226	Sexual Issues in Marriage and Family Therapy	1	
j. Analysis of Family Systems, Clinical Supervised Practice	5 qtr credits	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	Approved supervisors are: (a) AAMFT approved supervisor; (b) AAMFT approved supervisor in training; (c) MD licensed clinical MFT; or (d) Another health care provider certified or licensed under Health Occupations Article, Annotated Code of MD, who: 1. Documents 5 or more yrs of clinical exp working with couples and families; 2. Documents completion of a graduate level course in marriage and family therapy supervision; and 3. Has been approved by the Board.
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	13 quarter credits	N/A	N/A	13	Choose any 13 quarter credits COUN or PSY. Must have minimum of 90 quarter credits as part of master's degree.
Unassigned		MFT5106	Assessment, Tests, and Measures for MFT Practice	4	CU courses required to graduate, not required by state for licensure.
		MFT5876	Research Methods in Marriage and Family Therapy	4	
TOTAL CREDITS				90	

Massachusetts

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Marital and Family Studies	12 qtr hours	MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
		MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
b. Marital and Family Therapy	12 qtr hours	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5273	Couple and Marital Therapy	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
c. Human Development	12 qtr hours	MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
d. Professional Studies	4 qtr hours	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
		MFT5008	Foundations of Couple and Family Therapy	4	
e. Research	4 qtr hours	MFT5876	Research Methods in Marriage and Family Therapy	4	
f. Clinical internship or practicum		MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	18 quarter credits	N/A	N/A	18	Choose any 18 quarter credits in COUN or PSY to meet the 90 quarter credit licensure requirement.
TOTAL CREDITS				90	

North Carolina

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Assessment and Diagnosis	5 qtr	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
		MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
b. Human Development and Family Relations	5 qtr	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5271	Working with Families Across the Life Span	4	
c. Practice of MFT	9 qtr	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5273	Couple and Marital Therapy	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
d. Professional Identity and Ethics	5 qtr	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
		MFT5604	Family Law and Ethics	1	Required course to add to meet content area requirement
e. Research in MFT	5 qtr	MFT5876	Research Methods in Marriage and Family Therapy	4	
		MFT5600.02	Clinical Research and Program Evaluation in MFT	1	Required course to add to meet content area requirement
f. Theoretical Foundation of MFT	9 qtr	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
g. Clinical Practicum	14 qtr	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		COUN6231	Marriage and Family Counseling/Therapy Clinical Internship 1	4	Required course to add to meet credit requirement.
		COUN6232	Marriage and Family Counseling/Therapy Clinical Internship 2	4	Required course to add to meet credit requirement.
		COUN6233	Marriage and Family Counseling/Therapy Clinical Internship 3	4	Required course to add to meet credit requirement.
h. Additional Core Coursework	18 qtr	MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
TOTAL CREDITS				80	

Pennsylvania

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Human Development	3 courses min 12 qtr credits	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
b. Marriage and Family Studies	3 courses min 12 qtr credits	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
c. Marriage and Family Therapy	3 courses min 12 qtr credits	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5273	Couple and Marital Therapy	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
d. Professional Studies	1 course min 4 qtr credits	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
e. Research	1 course min 4 qtr credits	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
		MFT5876	Research Methods in Marriage and Family Therapy	4	
f. Practicum		MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	18 quarter credits			18	Choose any 18 quarter credits in MFT, COUN, or PSY to meet the 90 quarter credit licensure requirement
TOTAL CREDITS				90	

South Carolina

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Updated 3.2021

CONTENT AREAS	SUB-CONTENT AREAS	SUB-CONTENT REQUIREMENT	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Theoretical Foundations	Introductory	4.5 qtr	3 courses 13.5 qtr	MFT5008	Foundations of Couple and Family Therapy	4	
				MFT5270	Family Therapy Theory and Methods	4	
				MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
				MFT5820	Marriage and Family Therapy Theory and Practice	4	
b. Clinical Practice	Diagnostics of Psychopathology	4.5 qtr	5 courses 22.5 qtr	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
				MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
				MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
				MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
				MFT5273	Couple and Marital Therapy	4	
			MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4		
c. Individual Development and Family Relations			2 courses 9 qtr	MFT5271	Working with Families Across the Life Span	4	
				MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
				MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
d. Professional Identity, Legal & Ethical Issues			1 course 4.5 qtr	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
				MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
e. Research			1 course 4.5 qtr	MFT5876	Research Methods in Marriage and Family Therapy	4	
				MFT5600.02	Special Topics - Clinical Research and Program Evaluation	1	Required course to add to meet content area requirement
f. Clinical Experience			3 courses 13.5 qtr	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
				MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
				MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
				MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
TOTAL CREDITS						73	

Virginia

Capella University cannot guarantee licensure, certification, or endorsement. It is your responsibility to understand and comply with requirements for your state.

Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Marriage and Family Studies	9 qtr	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
b. Marriage and Family Therapy	9 qtr	MFT5273	Couple and Marital Therapy	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
c. Human Growth and Development Across the Lifespan	4 qtr	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
d. Abnormal Behaviors	4 qtr	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
e. Diagnosis and Treatment of Addictive Behaviors	4 qtr	MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
f. Multicultural Counseling	4 qtr	MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
g. Professional Identity & Ethics	4 qtr	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
h. Research	4 qtr	MFT5876	Research Methods in Marriage and Family Therapy	4	
i. Assessment and Treatment	4 qtr	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
j. Supervised Internship	4 qtr	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	18 quarter credits	N/A	N/A	18	Choose any 18 quarter credits in COUN, PSY, or MFT to meet the 90 quarter credit licensure requirement
TOTAL CREDITS				90	

West Virginia

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Updated 3.2021

CONTENT AREAS	COURSEWORK REQUIREMENT	COURSE NUMBER	COURSE TITLE	QTR CREDITS	NOTES
a. Marriage and Family Studies	4 qtr credits	MFT5008	Foundations of Couple and Family Therapy	4	
		MFT5108	Impact of Addiction and Addictive Behavior on Family Systems	4	
		MFT5270	Family Therapy Theory and Methods	4	
		MFT5820	Marriage and Family Therapy Theory and Practice	4	
		MFT5822	Systemic and Group Interventions for Grief, Loss and Trauma	4	
b. Systems Theory	4 qtr credits	MFT5273	Couple and Marital Therapy	4	
		MFT5275	Utilizing Systemic Approaches: Infancy Through Adolescence	4	
		MFT-R5821	Advanced Marriage and Family Therapy Theory and Practice: Pre-Clinical Residency Track 1	4	
c. Research	4 qtr credits	MFT5876	Research Methods in Marriage and Family Therapy	4	
d. Professional Ethics	4 qtr credits	MFT5222	Professional Ethics in Marriage and Family Therapy	4	
e. Human Growth and Development	4 qtr credits	MFT5232	Systemic Approaches to Sexual and Gender Issues	4	
		MFT5271	Working with Families Across the Life Span	4	
		MFT5336	Diversity and Social Justice in Systemic Family Therapy	4	
f. Appraisal of individuals and families	4 qtr credits	MFT5106	Assessment, Tests, and Measures for MFT Practice	4	
g. Principles of Etiology, Assessment, Diagnosis, Treatment Planning, and Prevention of Mental and Emotional Disorders and Dysfunctional Behavior	4 qtr credits	MFT5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		MFT-R5823	Advanced Clinical Applications in Family Therapy: Pre-Clinical Residency Track 2	4	
h. Practicum	12 months	MFT6231	Marriage and Family Therapy Clinical Internship 1	2	
		MFT6232	Marriage and Family Therapy Clinical Internship 2	2	
		MFT6233	Marriage and Family Therapy Clinical Internship 3	2	
		MFT6234	Marriage and Family Therapy Clinical Internship 4	2	
Additional Credits	18 quarter credits	N/A	N/A	18	Choose any 18 quarter credits in COUN or PSY to meet the 90 quarter credit licensure requirement
TOTAL CREDITS				90	