



VIDEO TRANSCRIPT

## **Ashley Adkins: Leveraging your knowledge**

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Hi guys and welcome back to this video so today I want to talk a little bit about leveraging what I know. You're like, what does that even mean? As most of you know, I'm a sponsored FlexPath student at Capella University and I am wrapping up my master's degree in nursing education, which is just, it's crazy. It's so crazy, but I get a lot of people that ask me is getting your master's more difficult than getting your bachelor's and vice versa and this is obviously a personal question. Everyone is going to be a little bit different, but for me, getting my master's has been easier than I expected because I already can apply so much information and knowledge that I have from being a nurse and my bachelor's degree towards my master's.

**Ashley Adkins\* – Master of Science in Nursing**

*\*Actual FlexPath student compensated for appearing in Capella promotional materials.*

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For example, a couple different things. I already knew APA format so when I write papers I'm like I got this APA, no problem. When I'm in a class and there's an assignment that pertains to something that I can apply from my nursing experience, it makes it that much easier when you have this prior knowledge. You're able to leverage what you already know into your master's degree.

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I had a class that I just wrapped up that the assignment was about find a problematic area in the health care world and what can we do about it? How are

we going to change it? What education do people need to make this change? How are you going to evaluate it? So it's very easy for me to be like, done. One problem in the nursing world: we get central line infections. Another problem in the nursing world: staffing. Another problem in the nursing world: catheter associated UTIs. We hear all these things every single day when we're at work. Just listen in your huddle at work. They'll tell you five things that we need to make changes on.

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So now I'm in my program and I actually get to think of these changes and how I'm going to implement it. I'm able to leverage my knowledge and apply that information and it saves me time in some of my classes when I have this personal experience.

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So I'd like to hear from you guys. Is there something in nursing school or for your bachelor's degree or from your master's degree or doctorate degree that you have been able to pull from prior experience and how are you able to apply that to your current program. Let me know in the comments below. Thank you guys for watching this video and I'll see you in my next one.