

VIDEO TRANSCRIPT

Ashley Adkins:

Getting your MSN doesn't have to be stressful

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Hi so I wanted to give a little update on my sponsored Capella FlexPath MSN journey and talk a little bit more about the FlexPath format. So I recently finished my third class and I'm almost done with my fourth class. I just finished a class called the nurse educator role and for those of you who don't know which most of you know, I had a baby just a little over a month ago and I still was able to complete this third class without any stress of due dates or anything like that.

Ashley Adkins* – Master of Science in Nursing

**Actual FlexPath student compensated for appearing in Capella promotional materials.*

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It was really easy to schedule my stuff around my delivery date because I could push due dates a little bit further knowing that my daughter was going to be born anytime and then once she was born within a week I was starting to work back on my classes.

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I was never stressed about it because I knew I was in control, when my due dates were and so there wasn't this pressure to get things completed by a certain time. When I first logged onto Capella and first saw the FlexPath format, it was the least overwhelming thing ever because they actually have an orientation just on FlexPath that you can go through, play with FlexPath and play with the formatting, practice setting your due dates so that way when you start your first class, you aren't trying to figure out the technical side of things, you can just jump right into your class and start on your assessments.

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The FlexPath format takes away the stress of being a new mom because I can work on my assignments at times that are convenient for me which may be 11:00 o'clock p.m., it may be 7:00 a.m., it may be 2 o'clock p.m. Whenever my daughter is napping is when I am working on my assignments because it's much easier to have both hands available when she's sleeping to work on my assignments and it's nice that I don't have to sit down and try to cram a whole assignment in one sitting. I can work on it as I go and as time allows.

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I feel really accomplished that I just finished my third class and I'm almost done with my fourth class. It feels great to know that I can, one: be a nurse, two: be a mom and a wife and I am getting my MSN and killing it right now and it feels awesome to know that I can do all of these things at once without stressing myself out.

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If you guys are interested in learning more about Capella's FlexPath program or the MSN program or anything about Capella in general, I'll have all the links down below. Thank you guys for watching this video. If you have any questions, drop them below and I will see you guys in my next video, bye.