

## VIDEO TRANSCRIPT

**FlexPath Movement | Jumping in with Lacey****00:01**

Hey guys I'm so excited to have fun here and talk to you about my sponsorship with Capella University's oh I'm a sponsored student through Capella and I am going back to school to get my MSN and leadership and administration and I'm so excited for it because I don't think I would have been able to do it if I wasn't doing it this way so I wanted to share with you my experiences getting started and my entire journey so I'm gonna be doing that through video format and I'm gonna start with this video right now.

**Lacey Magen\* – Master of Science in Nursing**

*\*Actual FlexPath student compensated for appearing in Capella promotional materials.*

**00:34**

So let me introduce myself to those of you who have not really seen me before I am lacy Megan I am the founder of the empowered nurse mentor-ship which is my heart and soul my little baby that I love so much speaking of babies I'm also a new mom to a five month old at the time of this recording and I work on cardiac unit it's an electro-physiology unit and I love being a nurse. I love everything nursing but the one area that I really want to help people with is that transition from student to nurse. Hence why I have the empowered nurse mentor-ship program that I have created so I wear all of these hat and I love wearing all of these hats I find it really fun and enjoyable but something that I realized really early on was that I would not be able to go back to school if it was under a really rigid format.

**01:25**

So with the FlexPath format that I am using through Capella I am able to go back to school on my terms. I can take my assessments learn and become educated on my terms. I don't have to show up to a class on a rigid schedule and honestly if I had to do that I wouldn't be able to do it right now being a new mom and a nurse and a full-time mentor I just couldn't make that happen. So I'm really excited to be a part of FlexPath and that's part of the reason why I chose this and decided to take on this opportunity at this point in my life because it's so flexible and so simple for me to do that.

**02:02**

Now a couple other things that I wanted to share with you is why I decided to go for my MSN and leadership and administration. Well, one of the things I'm really passionate about is that support that new grad nurses don't get on their orientation from student to nurse so I want to influence change in that area within the nursing community and I know the best way to do that is to get into leadership roles and influence change there. So that's a little bit on why I am getting started with my MSN and leadership which is again sponsored through Capella University and I can't wait to share more of my journey with you guys.