



VIDEO TRANSCRIPT

Lynn Kosar

FlexPath Movement |

Getting Started with DNP FlexPath

00:01

[Music] Getting my MSN was a huge personal accomplishment for me my goal was to be finished by the time my daughter turned one and I did it. I got my MSN six days before her first birthday.

Lynn Kosar* - Doctor of Nursing Practice

**Actual FlexPath student compensated for appearing in Capella promotional materials.*

00:01

Hi everyone, my name is Lynn Kosar and I am a sponsored student with Capella University. I am currently enrolled in the FlexPath program pursuing a Doctorate Nursing Practice. This is my first vlog and I am excited to share my journey with you and I hope you join along too, uh but first just so you can get to know me a little bit better, I have been a nurse for about 28 years--28 years, yep--and I am married, I have a nine-year-old son, and I am currently a CNO um of a 315-bed hospital. So, I'm a pretty busy person. My son has lots of activities, um, busy at work, we're in a pandemic, but I really felt like the FlexPath program was the right one for me.

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When I heard about it, I wanted to learn more so I did and it really gives me the ability to balance not only my home life, but my work life and my academic life and I think that's really important. I know it's important for me, I'm sure it's important for most people. And so it's been, I think the opportunity I've been looking for because I've been thinking about going for my doctorate for some time. It's been



since 2008 that I was in school, so it's been some time since I've been in school and, um, I felt like the doctorate was really the right next step for me. Um, you know, not only for me personally, but really to help me be able to help my staff deliver the best patient care that they can, be the best leader that I can and also, um, really provide the vision to move the team forward and I think that's what the doctorate will be able to do for me and I think through the FlexPath, um, it's the best opportunity.

02:06

Everyone that I've come in contact with at Capella has been really helpful I have a wonderful instructor--I'm in my first course-- who is very supportive has given great feedback and I was a little nervous going back to school because it's been a long time but, um, you know it kind of, it's kind of like riding a bike. I'm getting back into it and I feel the support that I think that has really helped me as well. So, I will be posting along the way and letting you know how my journey has is going with the FlexPath and the DNP so I hope you join me and learn more about it! Take care!