



VIDEO TRANSCRIPT

## **Michelle Ferre: What is Competency-Based Education My Capella FlexPath Journey**

**00:01**

Hello there. For those of you that don't know me my name is Michelle Ferre. I am a fourth grade teacher in Maryland and I'm also a sponsored FlexPath student at Capella University. Today I wanted to discuss competency-based education, what it means, what it looks like, and how I am able to apply it in the classroom as a teacher. My master of education and teaching and learning is competency-based. That means I have to demonstrate proficiency with specific knowledge skills and abilities throughout my courses.

**Michelle Ferre\* - Master of Education**

*\*Actual FlexPath student compensated for appearing in Capella promotional materials.*

**00:28**

These competencies are directly related to the skills necessary for me to be successful as an educator. One example of a competency would be incorporating multicultural perspectives into curriculum, instruction, and assessment. Now I am able to track my progress toward each competency for every course using my competency map. I am able to individually display each course and then I can see the total number of criteria and assessments for the course. I can see a list for all of the competencies being assessed for the course and I can see my progress toward each one. As I complete my assessments, the circle will fill with the color that matches my performance.

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For example if I earn a score of distinguished then the circle will begin to fill in a dark green color. I can even click on each competency and see which criteria I have already completed and I can see what my performance was for each one. As a visual learner the colors really helped me understand my performance for each competency so that I can focus on the specific areas that I need to improve on. If I notice I'm not performing as well for a specific competency then I know that I need to devote more time to researching and practicing the related knowledge and skills.

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Once I have demonstrated proficiency, then I know I'm ready to begin applying the knowledge and skills in my instruction. For example once I demonstrated proficiency at integrating educational technology into teaching practice, then I was able to begin reevaluating the way I integrate technology into my classroom to make sure that it was transforming my lessons rather than just modifying them.

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I really hope that this explanation of competency-based education was helpful for you. If it was please give the video a thumbs up. As always if you would like more information on Capella's FlexPath format, you can use the links in the description box and I will catch you in the next one.