

VIDEO TRANSCRIPT

Tori Meskin:

3 tips for staying on track in your program

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It is summer. Where did the time go? I don't even know. The time just, how does it keep going faster and faster? I don't even know but I am so here for a glow up this summer, I'm so excited and I haven't given you guys an update on school and where I'm at. This is definitely something that I incorporate into my daily life as working as a nurse, blogging, podcasting, and getting my grad degree because this has been something that has been so important to me in my career and advancing myself as a nurse.

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**Actual FlexPath student compensated for appearing in Capella promotional materials.*

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There's definitely some things there's three things I've really kind of honed in on that have helped me successfully maneuver through the program so I wanted to go through those with you guys today. Just some hot tips that I feel like I've learned, things that I know could help you through your Capella program. As a statement, I am a Capella sponsored student. Thank you Capella for sponsoring this video. I'm really excited to get into it with you guys today.

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Okay so the first tip I have is to keep your auto enrollment on. So in the FlexPath program with Capella, essentially what happens is you go through the course and then you complete the course and in auto enrollment it automatically puts you into the next course. So you do have an option to turn it off as well, but for me, you know it's just so easy because essentially all it is is it gets you right on to the next course which is great especially for someone who is really focused on their financial aid and staying on course and making sure that everything runs smoothly. Definitely having that on is key.

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The second thing that I would say is really important is to touch base with your coach about the elective classes that you want to do. So essentially what I did early on, probably about a month or two into the program, was I actually reached out to my coach and he's given me all the great tips, all the things and really kind of helped me focus on the things that I want to focus on in the program. It really offers like a tailored approach to the program that you choose so you have the ability. So definitely use the coach. That's what they're there for. I have been touching base probably on a monthly basis with my coach just to make sure that I'm on track and everything is going well so I definitely highly recommend that as well.

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And then the third thing, and it seems obvious, but it's obviously something better said or easier said than done, is to really stick to your target dates. So essentially what happens is you enroll for the class and you pick target dates for each assignment. So you say "okay this assignment I'm going to get done by this day". And so something I've really tried to do is to book out a lot of times on my days off so for me that means that Mondays and Tuesdays typically I don't work bedside so I really try to put in at least two to three hours towards the program of writing a paper, doing research, you know, looking ahead to whatever the assignments might be, touching base with my coach or touching base with the professor. So those are definitely something and I really try and stay on task with the assignment dates just to make it really smooth with the program. That seems to be really helping me a lot.

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Auto enrollment, that's the number one. Number two: touching base with that coach, and number three: just really trying to set yourself up for success with your schedule. I'm really excited, I'm about twenty percent through the program right now and let me know if you guys have any questions. I hope you guys enjoyed these three tips to help you through your Capella programs and thank you Capella for sponsoring this video and I hope you guys are all going to have a fabulous summer.