

VIDEO TRANSCRIPT

**Tori Meskin:**

## **3 tips for staying on track in your program**

**00:01**

[Music]

Hey guys so I just finished my first class with Capella University. Many of you know I am a Capella sponsored student and I thought I would give you all the deets (details) and sort of the breakdown of how my first class went.

**Tori Meskin\*** – **Master of Science in Nursing**

*\*Actual FlexPath student compensated for appearing in Capella promotional materials.*

**00:26**

This first class was essentially three assignments and I could set my dates, goal dates of when I wanted to finish each assignment and something that I thought was really cool about this was each assignment was essentially a building block to the next assignment. So the first one was a paper, the second one was a PowerPoint building on that concept in that paper, and the next one was a research paper going more in depth into the topic.

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Originally, I had set my dates to be done, honestly, two weeks ago, and that didn't happen for various reasons because I was working more at the bedside, I had some home things going on that I just got really busy. The beauty of that is I was able to adjust the dates to what was going with my life. For those of us who are working professionals, you all know that life gets crazy and things happen and so I was able to adjust those dates.

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The other thing that I really loved was being able to submit my assignments up to three times, so meaning I would submit the assignment and the professor would send in feedback and say this is where I could improve and I would go back and do



some extra research and really deep dive into where I could improve on the paper, the PowerPoint, whatever it may be and I love this aspect because that's very true to nursing. We're always looking for evidence-based practice what we're doing for our patients, to improve our workflows and for me personally I think being able to build on it, look back on what did I submit, how can I do better, what can I research even further.

**01:59**

I love the model of FlexPath. It's been awesome for me. I'm starting my new class, actually next week. I'm taking a little breather. I hope that you guys find this useful. I personally have really loved my experience with Capella. You know, as a working professional, it fits very well into not only my nursing bedside but also my home life. Yea I hope I gave you guys a little insight into the program that I'm doing with Capella with my Master's of Science in Nurse Leadership. If you guys have any questions for me, make sure to comment below and I will answer any questions that you have for me and I hope you guys are having a great week.

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